



# CDES

CARTER DOWN EDUCATIONAL SERVICES PTY LTD

## 27th Annual Psychology Teachers' Conference

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**We're  
back in person  
at an all-new  
venue**

## 2025 Friday 28 February

*A conference presented by  
psychology teachers for  
psychology teachers about  
the teaching of psychology.*

**@ Crown Promenade**  
8 Whiteman Street  
Southbank Victoria

Registration Fee of \$395  
includes notes from ALL workshops

### Program

8:00am – 8:55am	<b>Registration</b> and coffee/tea
9:00am – 9:15am	<b>Welcome and introductions</b> Kate Gallagher and Steph Walton
9:15am – 10:10am	<b>2024 Exam Analysis</b> Expert Panel of Psychology Teachers
10:15am – 11:00am	<b>Morning Tea</b> Exhibitors, resources and displays
11:00am – 11:55am	<b>Session 1: Workshop of choice</b>
12:00pm – 12:55pm	<b>Session 2: Workshop of choice</b>
1:00pm – 1:45pm	<b>Lunch</b> Exhibitors, resources and displays
1:45pm – 2:40pm	<b>Session 3: Workshop of choice</b>
2:45pm – 3:40pm	<b>Session 4: Workshop of choice</b>
3:45pm – 4:30pm	<b>Drinks with the presenters</b> Prizes and giveaways

# Workshops

There are four elective session blocks. Indicate your preferences from 1 – 7 on the Registration Form. Sessions offered for the first time and/or with a new presenter in 2025 are denoted **NEW**

## SESSIONS 1, 2, 3 & 4 Workshop and roundtable options

### **NEW** Workshop 1: A roundtable discussion about how to incorporate contemporary Psychological research in our classrooms

**Alisha Muller, Haileybury College**

Join us for an interactive discussion on bringing contemporary research into the psychology classroom. This session invites educators to share and exchange ideas on how to incorporate the latest psychological studies into lessons, making the subject more relevant and engaging for students. Be prepared to contribute your own strategies and learn from others as we explore creative ways to integrate cutting-edge research into your teaching. Come ready to collaborate and leave with fresh, practical ideas for your classroom.

### **NEW** Workshop 2: A roundtable discussion about the inclusion of Psychology in the F-10 Curriculum

**Kelsa Taleb, Southern Cross Grammar**

Join us for a thought-provoking discussion on the rationale and practicalities of including Psychology in the F-10 curriculum. This session will offer a platform for educators to debate the benefits and challenges of introducing Psychology at earlier educational stages. We'll also explore strategies for advocating its inclusion in our teaching practice. Bring your perspectives and be ready to engage in a lively exchange of ideas, leaving with actionable steps to promote Psychology in the F-10 curriculum.

### **NEW** Workshop 3: Designing an engaging Year 10 Psychology elective

**Tom Rickards, Trinity Grammar**

This workshop offers practical activities and examples to introduce Year 10 students to Psychology through an elective course. Designed to familiarise students with the fundamentals of Psychology before they begin VCE, this elective covers essential content and skills specific to the subject. The course also helps students develop their ability to apply the scientific method to various topics: anything from dreams to Sports Psychology. Participants will gain valuable insights into preparing students for future Psychology studies.

### Workshop 4: Hints & Tips for Teachers New to Teaching Units 1 & 2 Psychology

**Kristen Watson, St Joseph's College**

This workshop is for teachers who are new to teaching Psychology. During this workshop, a range of organisational strategies will be provided, along with suggestions for activities for Units 1 & 2. Resources for engaging hands-on classroom activities that will spark student curiosity will be provided. Revision suggestions that maximise students' potential will also be presented.

### **NEW** Workshop 5: Activities & Ideas for Teaching Unit 1, AoS 1 – What influences Psychological development?

**Ali Dunwoody, Carey Baptist Grammar School**

In this session, we will explore a variety of engaging resources tailored for Unit 1, AoS 1 – “What influences psychological development?” Attendees will discover classroom tasks, hands-on activities, multimedia options, and ways to embed Key Science Skills. We'll also cover effective revision techniques to enhance student learning and discuss approaches to tackling extended response questions. This session aims to equip teachers with practical tools and ideas to enrich their lessons and boost student understanding in this area of study.

### **NEW** Workshop 6: Activities & Ideas for Teaching Unit 1, AoS 2 – How are mental processes and behaviour influenced by the brain?

**Salvina Noonan, Our Lady of Sacred Heart College**

This workshop will focus on each dot point specified in Unit 1, AoS 2. Classroom tasks, practical activities and multimedia suggestions that help consolidate students' understanding will be presented. Approaches to answering extended response questions will also be explored.

### **NEW** Workshop 7: Activities & Ideas for Teaching Unit 2, AoS 1 – How are people influenced to behave in particular ways?

**Merav Chait, Box Hill High School**

Get inspired with a range of practical and engaging activities tailored for this area of study. In this session, you'll discover creative strategies to bring dot points to life, seamlessly integrate key science skills, and build psychological literacy in Unit 2, AoS 1. We'll explore innovative approaches to make abstract concepts more tangible and foster a deeper understanding of psychological principles. Learn how to effectively apply these ideas in your classroom to enhance student engagement and learning outcomes.

### **NEW** Workshop 8: Activities & Ideas for Teaching Unit 2, AoS 2 – What influences a person's perception of the world?

**Louise Mansfield and Melanie Marsh, Kilbreda College**

This session is designed for teachers of all experience levels and focuses on interactive and impactful activities to deepen students' understanding of Unit 2, AoS 2 key knowledge. Participants will explore practical and engaging methods that address each major knowledge point, while receiving expert guidance on organising their teaching programs. Attendees will also walk away with a rich assortment of resources, exercises, and inventive ideas to effectively teach and enhance learning in this area of study.

### **NEW** Workshop 9: Units 1 & 2, AoS 3 – What to do and how do to it!

**Angelina Stojonoska, Melbourne Girls Grammar School**

This workshop will demystify the Units 1 & 2, AoS 3 research tasks outlined in the Study Design. We'll break down the key details and explore various approaches that teachers can adopt when delivering these parts of the curriculum. Special focus will be given to engaging ways to teach the cross-study specifications and essential skills crucial for student success. Join us to gain insights on how to effectively navigate and teach these important sections of the course.

### **NEW** Workshop 10: Making the most of the logbook for data collection in Units 1 & 2

**Adina Wolters, Mount Scopus**

This is a session to help students bring Key Science Skills to life in Units 1 & 2. Together we will workshop some lesson plans to help students understand and apply many of the key science skills identified in the Study Design for recording in their Psychology Logbooks. The activities will be useful for assessment tasks related to the data analysis of generated primary and/or collated secondary data and/or the reflective annotations of a logbook of practical activities.

### **NEW** Workshop 11: Assessments for Units 1 & 2

**Paul Kupsch, Korowa Anglican Girls' School**

Aiming to support understanding of the requirements for Units 1 & 2 assessments, the session will provide ideas for assessment types that may fit best with specific areas of study, and how to build skills in preparation for Units 3 & 4. Ideas for formative assessment and skill building throughout the Unit will also be included. This session aims to provide practical insights that enhance both teaching and learning outcomes across both Units 1 & 2.

### **NEW** Workshop 12: Skill Building in Year 10 and Units 1 & 2

**Morgan Coventry, Edenhope College**

This workshop will help you target specific skills that are required for success in VCE Psychology in your Year 10 and Units 1 & 2 classes. Topics covered link in with VCE Units 1 – 4 to give students a taste of what's ahead. It also covers areas of Sports Psychology, helping behaviour, lying and other points of interest outside the VCAA study design. Clear examples of practical activities will be provided that you can take into the classroom and processes to help prepare them for VCE Psychology.

**NEW Workshop 13: Hints & Tips for Teachers New to Teaching Units 3 & 4 Psychology**

**Maeve Thomson, Swinburne Senior Secondary College**

Welcome to teaching Psychology Units 3 & 4! In this session, we will dive into the new study design and explore how to effectively use it to plan your first year of teaching Psychology. We'll cover strategies for integrating content, activities, and 'key science skills' into your lessons. Effective planning is essential, so we'll also discuss suggested timelines for teaching and scheduling SACs to ensure a smooth and organised year. Join us for a comprehensive guide to starting strong in your Psychology teaching journey!

**NEW Workshop 14: Activities & Ideas for Teaching Unit 3, AoS 1 – How does the nervous system enable psychological functioning?**

**Emma Ford, The Faculty of Education, The University of Melbourne**

In this workshop, we'll explore evidence-based approaches and engaging activities tailored to teaching Unit 3, AoS 1. We'll delve into strategies for effectively introducing concepts like stress, using a variety of dynamic techniques that foster student understanding. Additionally, you'll gain access to a toolkit of activities designed to enrich your lessons and support student learning. This session will equip you with practical ideas to create a more interactive and impactful classroom experience focused on key psychological principles.

**NEW Workshop 15: Activities & Ideas for Teaching Unit 3, AoS 2 – How do people learn and remember?**

**Jason Mahmoud, Trinity Grammar School**

This workshop will focus on interactive activities and hands-on demonstrations for teaching Unit 3, AoS 2 showcasing a mix of classic methods and innovative new resources. Participants will engage in practical exercises designed to bring psychological concepts to life, making learning more dynamic and accessible for students. While we'll touch on SAC preparation with sample questions and model answers, the emphasis will be on providing immersive, practical tools. This session is ideal for both experienced and new teachers looking to enhance their resource bank and classroom strategies.

**NEW Workshop 16: Activities & Ideas for Teaching Unit 4, AoS 1 – How does sleep affect mental processes and behaviour?**

**Natalie Zuccan, Aquinas College**

This session will help new and experienced teachers build up their resources for the Unit 4, AoS 1 Sleep topic with a variety of engaging class activities (that won't put any student to sleep). We will cover ideas for structuring your teaching program, including examples of how the four SAC types could be used in your assessment for this topic. Ideas for activities that embed 'key science skills' into the sleep content will also be explored.

**NEW Workshop 17: Activities & Ideas for Teaching Unit 4, AoS 2 – What influences mental wellbeing?**

**Claire Mosley, Monbulk College**

This workshop will explore a range of teaching ideas covering the key knowledge in Unit 4, AoS 2. Included are SAC examples, revision game ideas,

and links to key science skills. From gaining a basic understanding of key terms, to applying knowledge to new situations, and understanding the role of dot points from other areas of study, attendees will leave this session with a range of ideas and resources to apply to their teaching practice.

**NEW Workshop 18: Activities & Ideas for Teaching Unit 4, AoS 3 – Scientific Investigation**

**Thea Carbines, Gordon TAFE**

In this workshop, teachers will learn the steps for designing and conducting a Scientific Investigation SAC focused on mental processes and psychological functioning, as outlined in the Study Design. We'll delve into how students should articulate an aim, methodology, results, discussion, and conclusion when creating their scientific poster. The session will provide a clear framework for guiding students through the investigation process, ensuring they effectively present their research findings in a structured and coherent manner.

**Workshop 19: Unpacking Challenging Topics in Units 3 & 4**

**Kenna Bradley, Strathmore Secondary College**

This workshop will focus on clarifying some of the new and more challenging aspects of the content in Units 3 & 4. This includes: the role of neuromodulators; brain imaging and Alzheimer's Disease; the use of mnemonics by written cultures to increase the encoding, storage and retrieval of information as compared with the use of mnemonics such as sung narrative used by oral cultures, including Aboriginal peoples' use of songlines; brain areas relating to memory; zeitgebers; the role of adrenaline in memory and more.

**NEW Workshop 20: Strategic staggering and integration of 'key science skills' for optimal engagement in Units 3 & 4**

**Kristy Kendall, Toorak College**

The 'key science skills' are integral to be able to apply knowledge learnt throughout Unit 3 & 4 Psychology in the final examination. This session will provide ideas for integrating different 'key science skills' with other areas of the study design to provide relevance, strengthen understanding and consistently revisit this critical component of the course. Bring along your planner and start strategising your integrated approach.

**NEW Workshop 21: Logbook Activities for Units 3 & 4**

**Carly Sparrow, Wesley College**

This session will explore practical activities that could be used when teaching all topics within Unit 3 & 4 Psychology. We will discuss how the activities can be adapted and used to assess students through the Practical Activities SAC or Data Analysis SAC. A key focus of this presentation will be to demonstrate how to integrate 'key science skills' into the classroom in a fun and engaging manner.

**NEW Workshop 22: Strategic Planning for Exam Success**

**Ashleigh Bell, Narre Warren South P-12 College**

This workshop has been designed to assist teachers to strategically plan and build student capacity throughout the year to enhance exam performance. Within this workshop, we will explore how to:

collate and use student learning data throughout the year to leverage students performance, increase student agency and accountability in learning, effectively prepare students for the test based exam format, whilst maintaining the integrity of the scientific investigation based school based assessments. For this workshop, you will be required to bring/have access to the following: laptop or device and your students' learning data.

**Workshop 23: Revision Games and Activities Units 3 & 4**

**Kathryn D'Elia, Goulburn Valley Grammar School**

Cognitive neuroscience has established the clear value of spaced practice throughout the year rather than cramming at the end of the course. Often time constraints on teachers means ongoing inclusion of regular revision activities drops off the priority list. This workshop shares practical ideas for spacing out revision consistently throughout the year, using cognitive science-backed strategies to increase information retention and recall, and help teachers 'practice what they preach' about revision and learning information.

**NEW Workshop 24: Unpack, refine and design – a school based assessment workshop**

**Ashleigh Bell, Narre Warren South P-12**

An opportunity to meet, greet and collaborate with colleagues across the state in relation to the development of school-based assessments. In groups, you will explore what defines high quality assessments and share, unpack, refine and design a series of high-quality assessment tasks across Unit 3 & 4 to take back and implement within your school. For this workshop, you will be required to bring the following: a charged laptop or device, a physical copy of a current Unit 3 or 4 school based assessment from your school, your networking skills.

**NEW Workshop 25: Incorporating effective feedback and thinking routines in the teaching of Units 1–4**

**Kara Baxter, Strathcona Girls Grammar School**

Attendees will explore practical approaches to enhancing student engagement and understanding through structured thinking routines that promote critical and reflective thinking. The workshop will also delve into effective feedback methods, emphasising how timely and constructive feedback activities can support students' learning processes and foster a growth mindset. Educators will gain insights into best practices for implementing these techniques in their classrooms, with the goal of enriching the overall learning experience and improving student outcomes in Psychology.

**Workshop 26: Writing extended responses in Units 1–4**

**Natasha Eshuis, Haileybury College**

The keys to crafting outstanding extended responses (ERs) for exams and assessments will be unpacked during this workshop. We will also explore the framework surrounding ERs, discuss recent exam feedback, and discuss practical and successful tips for constructing high quality responses. Teachers will gain confidence to plan, write and teach ERs and to empower students to overcome the challenges around them.

## Workshop 27: Using AI to boost Psych teaching

Claire Mosley, Monbulk College

Updated for 2025. Have you ever wanted someone else to write your sample answers, video questions and/or multiple choice quizzes? To write your rubrics, design pracs, and turn revision into a game? This session will explore how AI can be used to support teaching and learning. A range of AI tools will be considered, with tips on their application in lesson planning and presentation. Please bring along your laptop to get the most out of this session!

## **NEW** Workshop 28: Aboriginal and Torres Strait Islander people's perspectives in VCE Psychology

Natasha Eshius, Haileybury College

This session will provide practical strategies that can be used in a VCE Psychology classroom to introduce Aboriginal and Torres Strait Islander people's perspectives of key psychological concepts such as mental wellbeing, learning and memory. We will also discuss the importance of fostering an inclusive learning environment that respects and values the contributions of Aboriginal and Torres Strait Islander peoples to psychological understandings.

## **NEW** Workshop 29: Gamifying Psychology and Engagement Strategies Units 1 – 4

Alisha Muller, Haileybury College

Ever wished your psychology lessons could be more engaging and fun for your students? This session will explore how a range of games can be used to support learning and revision in your classroom. A range of 'old school' and AI based games will be examined with tips on when and how to integrate these into your curriculum to boost student motivation and understanding of key psychological concepts.

## **NEW** Workshop 30: IB Psychology: Insights and Tips for Year 1 & Year 2

Emma Crassini, Geelong Grammar School and  
Kate Lefel, Wesley College

Unlock new strategies for engaging students in your IB Psychology classroom with our dynamic workshop on teaching tips and tricks. Designed for IB educators, this session explores innovative techniques to simplify complex psychological concepts, foster critical thinking, and boost student engagement. From interactive activities to assessment tips, you will gain practical tools to enhance your teaching effectiveness and create a stimulating learning environment.

## **NEW** Workshop 31: Beyond VCE: Powering up your student's skills for university-level Psychology

Katie Dixon, Star of the Sea College and Monash University

Prepare your students for the leap from VCE to university-level Psychology by honing the essential skills that are often overlooked. Many students will pursue Psychology at the tertiary level after VCE, drawn by its intriguing insights and vital role in understanding everyday life. This session will highlight the critical thinking, analytical mindset, and 'key science skills' that VCE teachers can emphasise to not only boost students' performance in SACs and exams, but also prepare them for the demands of higher education. You'll also gain strategies for guiding students on what to expect when they express interest in Psychology beyond secondary school. Equip your students with the tools they need to excel now and in the future.

## **NEW** Workshop 32: What can we learn from Sport and Performance Psychology?

Sophie Bashford, 2024 Olympic Cycling team Psychologist (Provisional)

Explore the fascinating world of Sport and Performance Psychology with real-life insights from an Olympic Sports Psychologist. In this session, you'll learn how elite athletes, coaches and high performance systems use psychological strategies to enhance their performance, wellbeing and intrapersonal relationships. Drawing from real Olympic experiences, the session will offer practical examples of how psychological principles can be applied beyond sports, in everyday life and various professional settings. Join us to gain valuable lessons on thriving, performing and high performance environments.

## REGISTRATION FORM / TAX INVOICE

CDES Pty Ltd. ABN: 55 678 654 512



**Registrations can be completed online by using the QR code or visiting our website [cdes.com.au](https://cdes.com.au).**

Alternatively, please return this registration form **including 7 preferences** by email to: [registrations@cdes.com.au](mailto:registrations@cdes.com.au) or mail to: CDES Pty Ltd. C/- Access Education, PO Box 2295, Moorabbin VIC 3189. **Forms must be received by 5pm on Friday 21 February 2025.**

Name .....

Email .....

School / Workplace .....

Postal Address .....

P/code .....

Tel .....

School Order No .....

Special dietary needs .....

### WORKSHOP PREFERENCE

**Please clearly write your corresponding Workshop preference (1-32):**

1

5

2

6

3

7

4

1

example

**WORKSHOP 20**

- Registration @ \$395 (incl GST & 2025 Conference Notes)
- Download of the 2024 Conference Notes @ \$50 (incl GST)
- Download of the 2023 Conference Notes @ \$30 (incl GST)

### PAYMENT METHOD

- Direct Debit** to Account Name: **CDES Pty Ltd**  
BSB: 063-138 Account No: 1110 2243 Payment Terms: Nett 14 days

## TERMS AND CONDITIONS

### Payment

- Payment terms are strictly Nett 14 days.
- **The Registration Form also serves as a Tax Invoice.**
- Payment can be made by direct debit, purchase order or credit card.

### Conditions of application

- Closing date for applications: **Friday 21 February 2025.**
- Late applications may not be accepted.
- A workshop may be cancelled due to insufficient numbers.
- Participants will be allocated to workshops of their choice on a 'first return' basis.
- Although every effort is made to ensure accuracy of all information in conference notes, teachers should check all notes carefully to confirm accuracy prior to subsequent use.
- The organisers reserve the right to refuse any application.
- Costs may be incurred for cancellations after Friday 21 February 2025.

### Multiple applications from the same school or college

- If there are multiple applicants from the same school or college, a separate Registration Form must be completed for each applicant.
- Registration Forms can be completed on the CDES website.

### Notification of workshop allocations

Seminar/workshop allocations will be available on the CDES website from **Monday 24 February 2025.**

### Parking

Multi-level parking is available at Crown at a rate of \$25 per day. Enter via Whiteman St.

### For further information contact CDES directly

Kate Gallagher — 0404 293 224  
Steph Walton — 0411 800 334  
Email: [admin@cdes.com.au](mailto:admin@cdes.com.au)

### For registration inquiries contact Access Education

Email: [registrations@cdes.com.au](mailto:registrations@cdes.com.au)  
Phone: 1300 338 222